

2025 NYSF Year 12 Program

The following information will help you to settle in, understand your responsibilities during the program, and ensure you stay safe and happy during your time at the NYSF.



Call home when you arrive

If you travelled here on your own, let your family know you have arrived safely. All it takes is a quick phone call or text message.

Keep in touch regularly with home. We are sure they will love to know what you have been doing and it lets them know you are ok.



Your NYSF Buddy

All students attending NYSF will have a buddy. You will find out who your buddy is just before you come to the program, so look out for them when you arrive. You can make sure they are up in the morning so they're not late for a visit or event and check that they know what visit they are going on each day.

Any problems, let us know!

If you have any problems during your stay, talk to a Staffie first, as they are the ones you will see the most. Staffies are not medical experts or counsellors, but they can ensure that your issue is managed in the most appropriate way and channelled to the right person. Staffies are quickly able to contact other Student Staff, Rotary volunteers and NYSF corporate staff.



Staying connected

You can access Wi-Fi during the program using the following logins:

Session A: ANU Secure Network

Guest Username: NYSF2025 Password: 8GxABmf\$3X

Session B: UQ Guest

UQ Guest is a complimentary public wireless internet service available to all guests. To connect to the network, guests can sign in using their Gmail, Facebook, or LinkedIn accounts

NYSF event app

During Session, you will be able to access all the information you need using the NYSF **Whova** App. The app will provide you with all your session details and will allow you to sign up for elective sessions such as Specialist Lectures and cultural institutions vists. Please ask a Staffie if you need help downloading and logging in to the app.

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Mobile phones

We all carry our phones with us, but make sure you aren't over-using it, especially during visits. It's a good idea to check before taking a photo at a visit or of your new NYSF friends – seeking permission avoids problems later.



Living on-campus

While you are staying on-campus you are expected to look after your room and leave it as you found it. Your room is accessed with either a key or a fob which is your responsibility to look after. If you lose your room key you may have to pay for a replacement, which can be costly, depending on the key type.

- Lock your door when you are not in your room and at night when you go to bed, and don't let anyone in after 10.00 pm.
- Bedroom doors must remain open if you have other students in your room.
- There may be work going on around the residence during the summer period. Please do not enter any areas which are not designated public areas.
- There are approximately 230 students and 30 volunteers on your session who all have the same backpack. Make sure you have a way to recognise your bag, water bottle and NYSF shirt!

Duty Phone Numbers Session A: 0485 931 401 Session B: 0485 931 402

The Duty Phone number will be active from the day prior to your Session commencing for any last minute or emergency contact on travel days or during the program. This number is also on your wouch for quick access to an NYSF team member during your stay.



Meals

You will be provided with breakfast, lunch and dinner at your accommodation. All meals are eaten in the dining hall, unless you are provided with a packed lunch. Please do not take cutlery or cups to your room. Fruit and snacks are available after meals.

We have passed all dietary information on to the catering team, who will use this to make sure you get a suitable meal. If for any reason your requirement is not catered for, please tell a Staffie who will be able to help at the time if needed and flag this with NYSF so it can be rectified.

Meal and grocery deliveries are not permitted during your stay, so we encourage you to ensure you have had enough to eat at every meal time.

NYSF merchandise sales

You will have the opportunity during your Session to purchase NYSF merchandise. If you responded to the merch EOI, those items will be available for you. Purchase will be via card only. Check the app for details on time and location.



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Daily schedule, excursions and visits

All of your visits and activities have been booked for specific times, so it's important that you are on time to get on the bus or make your way to a venue.

We expect you to be courteous to any providers and visitors to the program. Many of them are giving up their own time to show you around or assist with the Program.

You might be visiting working labs, so it's important to wear enclosed shoes and long sleeve tops when directed. For more information on the visit requirements, check your specific visits on the app. Failure to adhere to the dress code may mean you miss out on a visit. It's not possible to take photos at all visits, so please follow the instructions.

DO NOT leave the residence grounds without express permission of an NYSF Corporate team member.

Own room time is **10:00 pm**. You are in control of what time you decide to go to sleep, but be aware of what you are doing the following day and ensure you get enough rest. Each day will have some downtime, even if it's short. Make sure you rest appropriately.

Looking after yourself and staying safe during Session



Rotary volunteers

All of our volunteers and staff are trained in first aid and CPR and have current Working with Children Checks.

NYSF Code of Conduct

At all times, please keep in mind the NYSF Code of Conduct that you and your parent/guardian signed and agreed to. Please take a moment to

read it in full here.

Our Rotary volunteers' primary role is to ensure your health and well-being. If at any time you are feeling unwell or would like to have a chat about how you are feeling, you are welcome to approach a Rotarian (or ask a Staffie to locate one for you). They carry a first aid backpack and can administer basic first aid if required. If you need greater assistance, Rotary volunteers will generally also be the ones to assist in conjunction with NYSF corporate staff.

Feel free to chat with Rotary volunteers as you go through your Session and find out about what they do and why they love helping at NYSF.

It's January, so it will likely be hot! Keep your water bottle filled up and ensure you stay hydrated. Use sunscreen when outdoors and wear a hat, long sleeves, and sunglasses for extra sun protection.

If you feel unwell at any time, please let a Staffie, Rotarian or NYSF team member know so we can help. We all have obligations to say if we are experiencing cold and flu-like symptoms. NYSF's Infectious Disease and Illness Policy and Procedures is available <u>here</u>.

Keep any cash and valuables safe in your room which should be locked during the day when you are out and at night when you are sleeping. If you do lose anything, it's your responsibility.

Keep your NYSF t-shirt clean - you will wear it for the group photo on the day of the Closing Event.

It's important we know where you are at all times. Never leave your group during a visit. Leaving the residence grounds is prohibited without express permission from an NYSF Corporate team member.

If you need some time out, let a Staffie or Rotary Volunteer know you will be taking a break in your room or in a quiet spot. That way, someone can check in with you regularly.



External Media

During Session we may be contacted by media who want to cover our events. If you are not comfortable with having your photo taken or being filmed, please advise the Staffie in attendance or an NYSF staff member to ensure you are not filmed or photographed.

On occasion, external media wish to interview a student. This provides a great opportunity to speak about your experience so far, why you applied for the NYSF and what you are hoping to do in the future. There is no pressure to participate in an interview if you are not comfortable; if you are asked and are happy to speak, our Communications team will provide you with some media coaching. You can pre-fill a media interest form if you would like to express interest in making yourself available for interview. You can find this on the app.



Social media

Be thoughtful about what you post on any social media channels and do not form unofficial NYSF groups. The NYSF only monitors its official social media channels. We cannot monitor any unofficial groups or chats.

> Any questions? Ask your Staffie!